

Q3 2025BOSTON, MA



OFFICE MARKET OVERVIEW

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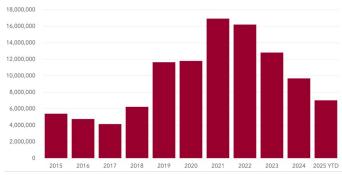
Boston's office market faces deepening challenges amid weak demand and excess supply. Life sciences, once the key leasing driver, stayed dormant in 2025 as technology, finance, and professional services held steady but inactive. Vacancy hit a record 15%, doubling from 2019, and availability surged to 18.8%, the highest on record, driven by 17 million SF of new deliveries and 13 million SF of sublease space. Net absorption was -2.6 million SF, with another -6 million SF expected. Rent growth stalled, effective rates declined, and concessions widened. Investment activity hit a 15-year low, with pricing down 28%. Despite some bright spots like Bain expansion and Hasbro landing in the Seaport, the market faces continued vacancy and downward rent pressure.

MARKET INDICATORS	Q3 2025	Q2 2025	Q1 2025	Q4 2024	Q3 2024
▲ 12 Mo. Net Absorption SF	(1,984,073)	(3,454,267)	(6,689,068)	(7,053,080)	(5,760,201)
▲ Vacancy Rate	14.9%	14.7%	14.4%	13.8%	13.1%
Avg NNN Asking Rent PSF	\$42.33	\$42.34	\$42.27	\$42.46	\$42.04
▼ Sale Price PSF	\$347.83	\$357.84	\$363.63	\$366.08	\$367.42
▲ Cap Rate	8.7%	7.7%	6.7%	6.9%	7.0%
▼ Under Construction	7,018,217	8,450,247	8,751,389	9,669,962	12,157,411
▲ Inventory	379,789,838	378,269,627	377,597,095	376,687,606	374,225,229

NET ABSORPTION, NET DELIVERIES, & VACANCY



UNDER CONSTRUCTION



TOP SALE TRANSACTIONS BY SF	SIZE	SALE PRICE	BUYER / SELLER	BUILDING CLASS
93 Worcester Street Wellesley, MA	276,834 SF	\$65,000,000 \$234.80 PSF	Liberty Mutual Holding Co,, Inc. Beacon Capital Partners	Class A
75 Sam Fonzo Drive Beverly, MA	161,644 SF	\$6,000,000 \$37.12 PSF	Connolly Brothers, Inc. Electric Insurance Company	Class B
1 Bowdoin Square Boston, MA	141,831 SF	\$28,000,000 \$197.42 PSF	Tritower Financial Group New York Life Investments	Class A

TOP LEASE TRANSACTIONS BY SF	SIZE	LANDLORD	TENANT	TENANT INDUSTRY
400 Summer Street Boston, MA	264,999 SF	PSP Investments	Hasbro	Toy Manufacturing
1200 Crown Colony Drive Quincy, MA	178,224 SF	FoxRock Properties	Arbella Insurance	Insurance
140 Kendrick Street Needham, MA	122,797 SF Sublease	BXP, Inc.	Focus Partner Wealth	Finance & Insurance



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