

Q3 2025 PACIFIC NORTHWEST, WA



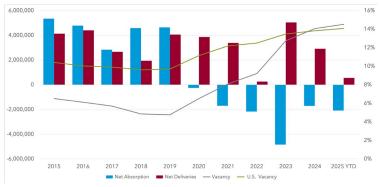
OFFICE MARKET OVERVIEW

SCOTTY ROWE, Associate

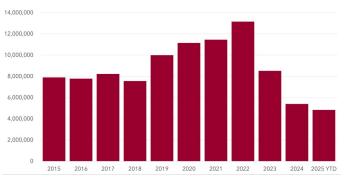
The Puget Sound office market posted its strongest quarter of leasing activity since 2019, signaling renewed confidence among tenants even as vacancy held at 17.2%. Average asking rents rose to \$40.33/SF Full Service, while sales averaged \$425/SF with cap rates up to 7.2%. Notably, the sale of 15550 NE Turing Street was the largest stabilized office trade of the year, and the recent \$77/SF sale of 2601 Elliott Avenue could become the largest office-to-residential conversion in the Seattle market, underscoring how investors are pursuing both stability and adaptive reuse opportunities.

MARKET INDICATORS	Q3 2025	Q2 2025	Q1 2025	Q4 2024	Q3 2024
▼ 12 Mo. Net Absorption SF	(2,158,452)	(935,892)	(98,114)	(1,108,479)	(2,699,189)
▲ Vacancy Rate	17.2%	17.1%	16.2%	15.8%	15.7%
▲ Avg FSG Asking Rent PSF	\$37.19	\$36.51	\$37.28	\$36.87	\$36.85
▲ Sale Price PSF	\$424.85	\$500.44	\$379.00	\$374.92	\$383.25
▲ Cap Rate	7.2%	6.3%	7.5%	7.7%	7.6%
▲ Under Construction	4,835,532	4,806,240	5,796,633	5,438,739	5,682,088
▲ Inventory	237,094,384	234,943,243	236,868,599	238,161,997	237,918,648

NET ABSORPTION, NET DELIVERIES, & VACANCY



UNDER CONSTRUCTION



TOP SALE TRANSACTIONS BY SF	SIZE	SALE PRICE	BUYER / SELLER	BUILDING CLASS
2601 Elliott Avenue Seattle, WA	339,799 SF	\$26,000,000 \$77.00 PSF	Vanbarton Group Shorenstein	Class B
15550 NE Turing Street Redmond, WA	246,638 SF	\$225,000,000 \$912.27 PSF	Preylock PGIM, Inc./Capstone Partners	Class A
14500-14560 NE 87th Street Redmond, WA	157,522 SF	\$40,000,000 \$253.93 PSF	Lincoln Property Company/Bailard Peakstone Realty Trust	Class C

TOP LEASE TRANSACTIONS BY SF	SIZE	LANDLORD	TENANT	TENANT INDUSTRY
2401 Utah Avenue S Seattle, WA	776,280 SF	Nitze-Stagen	Starbucks	Retail
22213 30th Drive SE Bothell, WA	87,273 SF	Alexandria Real Estate Equities	Systlmmune, Inc.	Life Scriences
4400 Carillon Point Kirkland, WA	77,716 SF	Carillon Properties LLC	ServiceNow, Inc.	Technology



The information and details contained herein have been obtained from third-party sources believed to be reliable, however, Lee & Associates has not independently verified its accuracy. Lee & Associates makes no representations, guarantees, or express or implied warranties of any kind regarding the accuracy or completeness of the information and details provided herein, including but not limited to, the implied warranty of suitability and fitness for a particular purpose. Interested parties should perform their own due diligence regarding the accuracy of the information.

The information provided herein, including any sale or lease terms, is being provided subject to errors, omissions, changes of price or conditions, prior sale or lease, and withdrawal without notice. Third-party data sources: CoStar Group, Inc., The Economist, U.S. Bureau of Economic Analysis, U.S. Bureau of Labor Statistics, Congressional Budget Office, European Central Bank, GlobeSt.com, CoStar Property, and Lee & Associates Proprietary Data. ©

© Copyright 2025 Lee & Associates all rights reserved. Third-party Image sources: sorbis/shutterstock.com, shutterstock.com, pixabay.com, istock.com